

CURRICULUM VITAE

Dr. Robabeh. Sheikholeslam

Title

The Head of Management Board of Iranian Scientific Association for Healthy Food & Nutrition (ISAHFN)

Director of Nutrition, Health & Development institute

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Education

Doctor of Pharmacy,

Pharmacy faculty of Tehran University of medical sciences

Master of Public Health

PhD in Nutrition Epidemiology

Health Faculty of Tehran University of medical sciences

Courses and trainings

National Training workshops attended

- 1- 5th Managerial Training Courses for middle level directors, Tehran. 1982
- 2- “New Methods for Drug Control and Synthesizing Chemical and Biological Drugs”, faculty for pharmaceuticals, Tehran. 1984
- 3- Research Methodology, Deputy for Researches-MOHME, Ramsar 1989
- 4- National Congress on Malaria, Zahedan 1991
- 5- “Planning and Management of Primary Health Care”, Urimiyeh 1992
- 6- “Preventing Upper Respiratory Tract Infections”, Fars 1992
- 7- “Improvement of School Health”, Tehran. 1992
- 8- “Methods to Improve Women’s Well-Being”, Deputy for Health Affairs, Tehran. 1994

- 9- "Improvement of the Quality of Health Cares", Varamin. 1994
- 10- English Courses of the Ministry of Industries, Deputy for Research and education, Tehran 1994
- 11- "Research Methodology", Health faculty of Tehran University of Medical Sciences, Tehran. 1994
- 12- "Community-based Pharmaceuticals", Isfahan. 1995
- 13- "Research Methodology in Health Systems and its Usage in Management of Health Services", Varamin. 1995
- 14- "Taking Care of Preventable Diseases with Vaccines with Emphasis on Active Care for Polio", Kerman 1996
- 15- "Executive Methods for the National Program on Prevention Cardiovascular Diseases", Tehran 1997
- 16- National training workshop for the National Executors for Diabetes' Prevention, Care and Control, Tehran. 1997
- 17- "Usage of the EPI6 and Dankost 2000 Software", Tabriz. 1997
- 18- "Usage of Computer in Nutrition", Tabriz. 1997
- 19- Seminar on Nutrition and Growth Monitoring in Children –Hamedan University of Medical Sciences 2000
- 20- " Skills to control diarrheal diseases", Tehran, 2001
- 21- Seminar on "Nutrition and Growth Monitoring Improvement in Children"- Zahedan University of Medical Sciences 2001
- 22- 6th National Nutrition Congress –Ahvaz University of Medical Sciences 2000
- 23- 13th International Congress on "What's New In Pediatric Diseases"-Imam Khomeini Hospital –Tehran 2001
- 24- Annual Congress on Pediatric Medicine and 23rd Commemoration of Dr.Mohammad Gharib –International and Political studies' Office for Foreign Affairs 2002
- 25- 7th National Nutrition Congress – Gilan University of Medical Sciences 2002
- 26- Seminar on "Safe Bread" – Varamin Health Center 2002
- 27- National Congress on Preventive of Non- Communicable Diseases- Razi Center for Congresses 2002
- 28- "Nutrition and Growth Monitoring in Children" – Mashhad University of Medical Sciences 2002
- 29- Second National Workshop on Nutrition and Growth Monitoring in Children –Urmia University of Medical Sciences 2002
- 30- Third National Workshop on Nutrition and Growth Monitoring in Children – Isfahan University of Medical Sciences 2003
- 31- Congress on "What is New in Preventive Medicine in Pediatrics, Sari. 1990
- 32- The 8th re-training course for national pharmacists, Tehran 1990
- 33- International Congress on endocrine disorders, Tehran 1992
- 34- Seminar on Iodine Deficiency Disorders and Thyroid Disorders, Semnan.1992
- 35- Training Workshop on "Nutrition in the Health and Treatment Networks", Isfahan. 1993
- 36- Meeting of Health Deputies of the Regional Organizations for Health and Treatment, Shiraz. 1993
- 37- Re-training workshop on IDD, Tehran 1995
- 38- Training workshop on IDD, Tehran 1995
- 39- Training workshop on "Targeted Diseases and Expansion of the Immunization Program", Kerman. 1996

- 40- Training workshop on Nutrition, Tehran University of Medical Sciences and Health Services, Tehran. 1996
- 41- Training workshop on Nutrition, Gilan University of Medical Sciences and Health Services, Rasht. 1996
- 42- Conference on “How to Overcome Nutrition Illiteracy” in the 4th National Nutrition Congress, Tehran. 1996
- 43- Counseling workshop on “Considering the Well-Being of Adolescent and Young Girls”, Tehran. 1996
- 44- Training workshop on “Prevention and Control of Iron Deficiency and Anemia”, Isfahan 1996
- 45- 4th National Nutrition Congress, Tehran 1996
- 46- Nutrition Congress, Semnan University of Medical Sciences and Health Services, Semnan. 1997
- 47- Workshop on “Prevention and Control of Iron Deficiency Anemia (IDA)”, Shahid Beheshti University of Medical Sciences and Health Services, Tehran 1997
- 48- Meeting on “Research in Health and Treatment Networks”, Mashhad 1997
- 49- Training workshop on “Prevention and Control of Iron Deficiency and Anemia”, Kohkilooyeh va Boyerahmad. 1997
- 50- The 20th Commemoration of Dr. Mohammad Gharib, Tehran 1998
- 51- Teaching the training curriculum on “Epidemiology of Common Diseases” to Medical Students at the Clinical Stage. 1994 – 1998
- 52- Teaching the training curriculum on “Epidemiology of Non-communicable Diseases” for MPH students, School of Health, Tehran University of Medical Sciences. 1995 – 1998
- 53- The 21st Commemoration of Dr. Mohammad Gharib, Isfahan 1999
- 54- “Prevention and Control of Iron Deficiency and Anemia”, Iran University of Medical Sciences and Health Services, Tehran. 1999
- 55- The 5th International Congress on Endocrine Disorders, Tehran. 1999
- 56- 5th National Nutrition Congress, Tehran 1999
- 57- Leadership of the Counseling workshop on “Specific Food”, in the 5th National Nutrition Congress, Tehran. 1999
- 58- Leadership of the Counseling workshop on “Nutrition Monitoring”, in the 5th National Nutrition Congress, Tehran. 1999
- 59- Leadership of the “Nutrition Symposium”, in the 5th National Nutrition Congress, Tehran. 1999
- 60- National Congress on Bone and Joint Diseases 1999
- 61- Training workshop and Symposium on “Monitoring and evaluation of IDD”, Tehran. 1999
- 62- Teaching the training curriculum on “Nutrition during Pregnancy and Nutrition in Little Girls” for MPH students, School of Health, Tehran University of Medical Sciences. 2000
- 63- A presentation in the congress on “Nutrition Improvement and Growth Monitoring Promotion (GMP)”, Tehran University of Medical Sciences and Health Services, Tehran. 2000
- 64- A presentation in the congress on “Nutrition Improvement and GMP”, Hamedan University of Medical Sciences and Health Services. 2000

- 65- A presentation on “Preventive Cares are the best way to Reach Logical Drug Prescription and Control”, Mazandaran University of Medical Sciences and Health Services. 2000
- 66- Presentation in the 6th National Nutrition Congress, Ahvaz 2000
- 67- Presentation in the workshop on “Nutrition in Children”, Qazvin University of Medical Sciences and Health Services, Qazvin. 2000
- 68- Presentation in the workshop on “Nutrition Improvement and GMP for physicians”, Qazvin University of Medical Sciences and Health Services, Qazvin. 2001
- 69- Delivering a speech in the Meeting of the Islamic Society of North American Physicians, Tehran. 2001
- 70- Delivering a speech in the annual meeting of the Iranian Pediatricians’ Society and the 23rd commemoration of Dr. Mohammad Gharib 2002
- 71- Presentation in the workshop on “Nutrition Improvement and GMP in Children below 6”, Ahvaz University of Medical Sciences and Health Services. 2002
- 72- Delivering a presentation in the 2nd National training workshop on “Nutrition Improvement and GMP in Children below 6”, West Azarbayjan University of Medical Sciences and Health Services. 2002
- 73- Seminar on "Nutrition Improvement and GMP in under 6 years old children", Zahedan University of Medical Sciences and Health Services. 2002
- 74- 7th National Nutrition Congress, Gilan University of Medical Sciences and Health Services. 2002
- 75- Meeting on "Nutrition and Growth of 2 years old children" – Breastfeeding promotion Association- Mofid Children Hospital. 2002
- 76- Re- Training National Workshop on "Monitoring and Evaluation of IDD Program", Ministry of Health- Headquarter. 2002
- 77- The First National Workshop on Nutrition and Growth improvement of children, Mashhad. 2002
- 78- The 3rd National workshop on "Nutrition and Growth improvement of children, Isfahan. 2002
- 79- Meeting on "Safe Bread" in Varamin, Shahid Beheshti University of Medical Sciences and Health Services. 2002
- 80- The counseling-Educational workshop on "Determing rigional priorities of women health, Ministry of Health-Headquarter. 2003
- 81- National Workshop on "Improvement of the health status of highscool girls through Nutrition Education and Iron Supplementation", Shahid Beheshti University of Medical Sciences and Health Services. 2003
- 82- Lecture on "Dietary pattern of Iranian children"- 6th Scientific meeting of International Council of Epidemiology – EMRO. 2003
- 83- A Comperhensive Lecture on "Prevention of non-communicable diseases in globally and regionally"- Tehran. 2003
- 84- 4th National workshop on "Nutrition and Growth improvement of children", shiraz. 2003
- 85- The One-day Meetion on "Food, Health, life"- Tehran. 2004
- 86- The meeting on "Health improvement of women"- Mashhad. 2004
- 87- Lecture at a symposium- 8th National Nutrition Congress. 2004
- 88- Lecture at meeting – 8th National Nutrition Congress. 2004

89- Lecture at the Scientific Section- 8th National Nutrition Congress. 2004

International Training workshops attended

- 1- 35th International Congress on Pharmaceuticals, and presenting a paper, Norway. 1988
- 2- Management courses on "Control of diarrheal Diseases", Iran 1991
- 3- Eurotox Congress, presenting a paper, Maastricht. 1991
- 4- Regional congress on "Control of IDD", India and Nepal 1991
- 5- International Congress on Nutrition, Adelaide, Australia 1993
- 6- "Nutrition Programs Related to the aims of ICN", Thailand. 1994
- 7- "Improving the Quality of Health Services", Iran. 1995
- 8- Visiting the Salt Fortification Project, Switzerland 1995

- 9- The joint workshop of WHO/UNICEF/MI/PAMM on "Finding ways to Fortify Food, the first priority being Flour Fortification with Iron", Muscat, Oman. 1996
- 10- 16th International Congress on Nutrition, Canada 1998
- 11- Inter-regional workshop on "Flour Fortification with Iron", Beirut 1998
- 12- Workshop on "Practical Research", Tehran 1998
- 13- 16th Counseling meeting of International Organizations, Department of Health/MI/UNICEF/USAID/ IVACG, South Africa 1999
- 14- Visiting the results of the "Collaboration Program in Nutrition Community" Thailand 2000
- 15- Global Salt Symposium 2000, Netherlands 2000
- 16- 17th International Congress on Nutrition and presenting a paper, Austria. 2001
- 17- 9th European Conference on Nutrition. 2003
- 18- Workshop on "Epidemiologic Methods in Health Services". 2003
- 19- 6th International Congress on Epidemiologic Scientific-meeting of EMRO-Ahvaz. 2003
- 20- 1st International seminar on "Prevention, Diagnosis and Treatment of osteoporosis".

Memberships

- 1- Trustee of the Islamic republic of Iran in the Park Davis pharmaceutical by H.E the Minister of Industry. 1970
- 2- Pharmaceutical Consultant of the MOHME. 1985
- 3- Member of the re-training and free training group on Pharmaceutical sciences, Deputy for education, MOHME 1990
- 4- Supervisor on the executive activities related to the era of the Deputy for health affairs. 1990
- 5- In charge for the IDD elimination Department (a department in the complex of non-communicable diseases. 1990
- 6- Deputy of the Family Health Department of the MOHME 1991
- 7- Member of the planning committee for the national IDD prevention and elimination program by the Deputy Minister for Health Affairs. 1992
- 8- Member of the national committee for the national IDD prevention and elimination program by H.E. the minister of Health 1992

- 9- Director of the National IDD prevention and elimination program by H.E. the minister of Health. 1992
- 10- Attendant for epidemiology in the training group of epidemiology and statistics. 1993
- 11- Deputy for Nutrition of the Family Health Department 1994
- 12- Member of the national committee for reducing mother and infant mortality rates. 1995
- 13- Member of the scientific committee for the 4th National Nutrition Congress, Iran. 1996
- 14- Member of the policy-making committee for Growth monitoring 1996
- 15- Member of the steering committee for the scientific support and supervision of the Nutrition Interventional Plans, requiring inter-sectoral collaboration 1996
- 16- Member of the national nutrition scientific and planning committee 1996
- 17- Member of the national cardiovascular committee by H.E. the minister of Health 1996
- 18- Director of the Nutrition Department of the MOHME 1996
- 19- Member of the national committee for diabetes by H.E. the Minister of Health 1996
- 20- Member of the national committee for the prevention of osteoporosis 1998
- 21- Person in Charge for conducting the counseling workshop in the 5th National Nutrition Congress, Iran. 1999
- 22- Member of the scientific council for health education by the Deputy Minister for Health Affairs 1999
- 23- Member of the Research Council of the National Institute for Nutrition and Food Industry Researches 1999
- 24- Member of the steering committee for the 11th National Congress on Food Industries. 1999
- 25- Member of the Food Security Committee in the National Council for Scientific Researches. 1999
- 26- Member of the board of writers in the Daneshmand Journal 1999
- 27- Member of the Scientific Committee for the 6th National Nutrition Congress, Iran. 2000
- 28- Member of the National Committee for the Control and Prevention of Bone and Joint Diseases. 2000
- 29- Member of the Specialized Organizing and Planning Committee for the Secretariat of the National Council on Food and Nutrition by H.E. the Minister of Health. 2001
- 30- Member of the Organizing and Executive Committee for the Secretariat of the National Council on Food and Nutrition by H.E. the Minister of Health. 2001
- 31- Director of the National Department for Community Nutrition Improvement by the Deputy Minister for Health Affairs. 2001-2006
- 32- Member of the scientific Committee for designing the courses for training Registered Dieticians. 2001
- 33- Member of the Central Scientific Board of Researches as a Teacher Assistant 2001
- 34- Member of the National Scientific Committee on Nutrition Improvement and Growth Monitoring Promotion in Children. 2001

- 35- Director of the project for “Nutrition Improvement in Children under 2, Pregnant and Lactating Women” sponsored by the International Bank for Reconstruction and Development. 2002
- 36- Fully authorized representative of the Deputy Minister for Health affairs to set up the National Specialized Nutrition Committee as a part of the vast project for National School Health. 2002
- 37- Member of the Scientific Committee of the Congress on Assessing Problems of Elderly in Iran, the University of Welfare Sciences and Rehabilitation 2002
- 38- Member of the Committee of the Council for Practical Researches in the Deputy for Health Affairs 2002
- 39- Member of Specialized Council for practical Researches in the Deputy for Health Affairs 2002
- 40- Entrusting the authority for items number 52&53 by H.E. the Minister of Health 2002
- 41- Member of the National Committee of non-communicable diseases. 2003
- 42- Member of the Revising Committee of Nutrition PhD course curriculum 2003
- 43- Member of the Revising committee of Nutrition, BSC, MSC. 2003
- 44- Member of the Scientific Committee of the 8th National Nutrition Congress, Iran. 2004
- 45- Member of National Planning and Supervising Council of Nutrition in schools
- 46- Director General of Nutrition , Health and Development Institution 2005

Work experience

Program planning:

- 1- 5 year pharmaceuticals planning nationwide based on the estimated amount of drugs needed in the year 1982
- 2- The first 5-year program on IDD elimination in Iran 1989
- 3- Iran’s executive program for the international Conference on Nutrition, Rome, Italy 1992
- 4- Correction of the procurement method for pharmaceuticals in the Health and Treatment Networks 1993
- 5- The second 5-year program on IDD elimination in Iran 1989
- 6- The program for IDD educational campaign (English) 1994
- 7- The third 5-year program on IDD elimination in Iran 1999
- 8- Program on prevention of iron deficiency 2000
- 9- Community nutrition programs on the following items:
 - Reduction of malnutrition in children
 - Iron supplementation in pregnant women
 - Iron and Vitamins A & D supplementation in children under 2
 - Salt Iodization at the National level 1991
 - Supportive programs for poor children having malnutrition
 - Iron supplementation in high-school girls 1998 – 2003
 - Flour fortification with iron and folic acid 2001
 - Milk fortification with vitamin A and vitamin D 2002

- Fortification of cookie with iron and vitamin A for schoolchildren 2003

Consultancies:

- 1- Temporary Consultant in the Regional workshop on “Control of Iodine Deficiency, Based on Laboratory Results”, EMRO, Syria 1992
- 2- Temporary Consultant in the Counseling Meeting on “Prevention of IDA”, Tehran. 1994
- 3- Short-time Consultant to help Sudan prepare its National USI program with the support of WHO, Sudan 1995
- 4- WHO consultant in the workshop and symposium on “Monitoring and Evaluation of IDD”, Tehran, Iran 1999
- 5- WHO consultant in the joint meeting of UNICEF/WHO/MI/RISPA with the participation of representatives from Eastern Mediterranean, Middle East and North of Africa Countries, Dubai 2000
- 6- Temporary consultant in the Session on “Control and Prevention of Micronutrients’ Deficiency”, Egypt 2001
- 7- WHO - EMRO temporary consultant in the Counseling Mission on Flour Fortification, Egypt 2001
- 8- WHO temporary consultant in “Setting Up an International Network for Iodine Laboratories”, Thailand 2001
- 9- WHO temporary consultant in "The Counseling Regional meeting for promotion of IDD Program"- Chiang Mai thailand. 2003
- 10- WHO temporary consultant in "The Counseling Regional meeting for Preparation of global strategy of Diet, Physical activity and Health-Egypt. 2003
- 11- Unicef consultant on Micronutrients Deficiency Prevention IDD,IDA,VDA with emphasis on USI May 15-May 24 ,2006 Tashkent Uzbekistan
- 12- WHO temporary consultant on Technical Consultation to finalize the Training Module “Management of Nutrition Programme for Senior Health Programme Managers”, in EMRO, Cairo, Egypt, 3-5 July 2006.
- 13- WHO on Technical Consultation to finalize the Training Module “Management of Nutrition Programme for Senior Health Programme Managers”, in EMRO, Cairo, Egypt, 3-5 July 2007.
- 14- UNICEF temporary consultant for flour fortification in Armanistan 2008

Publications

Compilation or participation in compilation

- 1- Drugs’ guidance book for the Community Health Workers 1990
- 2- Drugs’ guidance book for the Community Health Workers 1992
- 3- Iodine Deficiency Disorders, (information for the Health Personnel of the Middle level) 1992
- 4- IDD status in Iran (English and Persian) 1993
- 5- Ways to Quality Control and Monitor Iodized Salt to Prevent IDD 1993

- 6- Policies for achieving goals of Universal Salt iodization (USI) (English)-
November 1994-YN933/Proj02/policies IDD- Pages 1-21 1994
- 7- Training manual on “Prevention and Control of Iron Deficiency and Anemia”
(designed for the Middle Level of the Health personnel) 1997
- 8- Training manual of “Multi-Potential Companions” 1997
- 9- Training manual on “Nutrition in Schoolchildren” (designed for the Middle
Level of the Health personnel) 1997
- 10- Training manual on “Nutrition Improvement and Growth Monitoring
Promotion in the Children under 6” 1999
- 11- Nutrition Status of Iran’s Children (English and Persian) 1999
- 12- Monitoring and Evaluation of Iodized Salt 1999
- 13- Hygiene and Production of Food Products (for village women) 1999
- 14- Nutrition, Family Planning and Environmental Health (for village women) 1999
- 15- Nutrition in the At risk Groups (for village women) 1999
- 16- Eliminating IDD in Iran (English) 2000
- 17- Training manual of “Nutrition Improvement and Growth Monitoring
Promotion in Children under 6 – for physicians” 2001
- 18- Nutritional needs of infants and how to prepare complementary food for them
2002
- 19- Cooperation in the preparing of the necessary training materials related to
health and nutrition based on the results obtained from the national Food and
Nutrition Security survey 1999
- 20- Training Manual of Nutrition in School-Age Children for Community Health
Workers and Schools’ Health Care Trainers 2002
- 21- “Active Training for Healthy Nutrition “ a Guideline for Teachers 2002
- 22- “Active Training for Healthy Nutrition “ a Guideline for Students 2002
- 23- A Guideline for Child Care Card 2002
- 24- Nutrition during Pregnancy and Lactation. 2004
- 25- Training Manual of prevention and control of micronutrient deficiencies with
Emphasize on flour fortification 2005

Translations

- 1- “The Use of Iodized Salt in Prevention of Iodine Deficiency Disorders”, a
Handbook of Monitoring and Quality Control 1993
- 2- Principles of Nutrition Management in Primary Health Care, WHO
publications 1996
- 3- A Practical Guide to the Correction of Iodine Deficiency,
ICCIDD/UNICEF/WHO, Technical manual No.3, 1990. 1996
- 4- Role of Care in Nutrition Status Improvement, study, analysis and taking
action 1999
- 5- Guideline to set up a Food and Nutrition Surveillance system in the countries
of the Eastern Mediterranean region. 2000
- 6- Essential Nutrition, A Guide For Health Managers WHO/BASICS/UNICEF

Full papers and Reports

A literature review (Printed in local Journals or Presented in Congresses)

- 1- Preventing IDD, a report on all the work done on IDD, Drug and Cure Journal 1992
- 2- Preventing IDD in Iran, 3rd national congress of the internist's society 1992
- 3- Iodized salts, truth and imagination, Drug and Cure Journal 1993
- 4- IDD the silent epidemics and how to prevent it, 2nd congress on pediatrics' social medicine, Iran 1994
- 5- Countdown has begun 1995
- 6- National IDD elimination program, Medicine and Purification Journal 1995
- 7- Iodine deficiency, a preventable disaster 1995
- 8- Importance of proper nutrition in human well-being, on the occasion of the Global Food's Day 1996
- 9- Child's growth monitoring, a guarantee for the future well-being of the country 1996
- 10- Production and Distribution of Iodized Salt in Iran, 4th international congress on endocrine diseases 1996
- 11- Uncontrolled use of antibiotics in livestock, an alarm for health 1998
- 12- Protein-energy malnutrition, a barrier on the way to progress 1999
- 13- Nutrition and micronutrients 1999
- 14- Unworthy junk food 1999

Research papers

- 1- The effect of iodized oil injected to pregnant women during pregnancy and its effect on their infants and children, 3rd international congress for endocrine diseases and metabolism. 1995
- 2- The effect of iodized oil injected to pregnant women during pregnancy and its effect on their infants and children, 4th international congress for endocrine diseases and metabolism. 1996
- 3- Monitoring the IDD elimination program in 13 provinces, 4th international congress for endocrine diseases and metabolism 1996
- 4- Progress towards elimination of IDD in Iran, a KAP survey for iodized salt consumption, Eastern Mediterranean health journal 1996
- 5- The growth status of children below 5 defined as urban or rural, 21st commemoration of Dr. Gharib 1998
- 6- PEM prevalence in children under 5 using the classic and standardized methods and comparing the results obtained – 5th National Nutrition Congress, Tehran, Iran 1999
- 7- Serum level of T3, T4 and TSH and urinary iodine level in 8 – 10 year-old schoolchildren, Journal of Research in Medicine, Shahid Beheshti University-2000-24th year-No.2- Pages 121-131 2000
- 8- Consumption of unworthy junk food in children under 3 in urban and rural areas nationwide, a survey, 5th National Nutrition Congress 2000
- 9- Total Goiter Rate and urinary iodine levels in the schoolchildren of Lorestan province, a paper, scientific and research seasonal journal of Lorestan University of medical sciences and health services 2001, Third year – No . 8 – pages 49 –53 2001

- 10- Total Goiter rate and urinary iodine levels in the 8 – 10 year-old schoolchildren nationwide in 1996, monitoring report, medicine and Purification Journal – 2001-No. 40- Pages 409-416 2001
- 11- Total Goiter rate and urinary iodine levels in the 8 – 10 year-old schoolchildren in Tehran in 1996, monitoring report, Research Journal of Shahid Beheshti University of Medical Sciences and Health Services 2001-25th year – No.2 – pages 25-29 2001
- 12- National IDD elimination program, Research Journal of Shahid Beheshti University of Medical Sciences and Health Services 2001
- 13- Total Goiter Rate and urinary iodine levels in the schoolchildren of Khorasan province, a paper, Journal of Mashhad University, faculty of medicine-2001-45th year- No.75- pages 35-40 2001
- 14- The best way to monitor iodine supplementation, a paper, Journal of Research in Medicine, Shahid Beheshti University of Medical Sciences and Health Services – 2001- 25th year- No 2, pages 3-8. 2001
- 15- Consumption of unworthy junk food in children under 3 in urban and rural areas nationwide, a survey, 13th international congress of pediatrics' disease 2001
- 16- Prevalence of different kinds of malnutrition in children under 5 in urban and rural areas nationwide, a survey in 1998, Pazhoohandeh seasonal journal, Shahid Beheshti University of Medical Sciences and Health Services. 2001
- 17- Total goiter rate and urinary iodine levels in the schoolchildren of Zanjan province in 1996, Zanjan University of Medical Sciences Scientific Journal, 2001, 35th volume, pages 52 – 57 2001
- 18- Total Goiter Rate and Urinary Iodine Levels in the Schoolchildren of Gilan Province in 1996- Gilan University of MEDICAL Sciences Journal – 2001-39th and 40th volume 2001
- 19- Total Goiter Rate and Urinary Iodine levels in the Schoolchildren of Boushehr Province in 1996- Teb-e-Jonoob Journal – 2001-4th year-No.1 – pages 30-35
- 21- Total Goiter Rate and Urinary Iodine Levels in the Schoolchildren of Markazi Province in 1996- Rahavard-e-Danesh Journal – 2001-Fourth year– No. 3- pages 1-6
- 22- Total goiter rate and urinary iodine levels in the schoolchildren of Kerman province in 1996, Kerman University of Medical Sciences Journal No. 1, pages 1 – 6
- 23- Sustainable control of Iodine deficiency in Iran: Beneficial results of the implementation of mandatory law on salt iodization, Journal of Endocrinol. Invest, 25: 409 – 413 2002
- 24- The Relation Between Serum Ferritin and Goiter, Urinary Iodine and Thyroid Hormone Concentration International Journal of Vitamin and Nutrition Research – 2002-72(5)-pages 296-299
- 25- The effect of Zinc on lactating mothers and infants' status in Yazd city in 2001 – 7th National Nutrition Congress – Gilan University of Medical Sciences 2002
- 26- Determining the relation between birth weight and prevalence of malnutrition in children under 2, 7th National Nutrition Congress – Gilan University of Medical Sciences 2002

- 27- The food consumption pattern in children of 12 – 23 months of age in urban and rural areas nationwide, 7th National Nutrition Congress – Gilan University of Medical Sciences 2002
- 28- Qualitative Research to Revise the Growth Monitoring Card -7th National Nutrition Congress- Gilan University of Medical Sciences 2002
- 29- The prevalence of obesity in children under 5 nationwide – Annals of Nutrition and Metabolism, Official Journal of the Federation of European Nutrition Societies - Released August 2001- 17th International Congress of Nutrition2001-Vienna- Austria
- 30- Replacement of traditional snacks with junk food as an Indicator to Change Dietary Habits and Urbanization in Iranian Children - Annals of Nutrition& Metabolism- Official Journal of the Federation of European Nutrition Societies- Released August 2001- 17th International Congress of Nutrition2001-Vienn- Austria
- 31- Total goiter rate and urinary iodine levels in 6-8 years old school children in khoozestan province,in 1996 Ahvaz University of Medical Sciences and Health Services Scientific Journal – 2002 Vol:35-Pages:9-15
- 32- Prevalence of iron deficiency, anemia and iron deficiency anemia among child-bearing age women (15-49 years old) in urban and rural areas nationwide- Teb-VA-Tazkieh Journal -2002-Vol:47- Pages:37- 44
- 33- Total goiter rate and urinary iodine levels in 6-8 years old school children in khorasan province in 1996- Mashhad University of Medical Sciences, Scientific Journal – 2002- Vol: 75-Page:35
- 34- The inter – sectional intervention pattern for decreasing malnutrition of children nationwide between 1996-1999 – Hakim Research Journal – 2003- Vol:6-No:1-8 – Page:1-6
- 35- Dietary pattern of 2 years old Iranian children- Articles Collection of 9th Asian Congress of Nutrition -2003 – Page:274
- 36- The multisection interventation pattern for promoting of knowledge, attitude and practice of mothers on child nutrition – Articles Collection of 9th Asian Congress of Nutrition-2003 – Page: 294
- 37- To examinee the effectiveness of fortified milk with Vitamin D in increasing the serum level of Vitamin D- Articles Collection of 2nd Congress on prevention of non-communicable diseases- 2004- page:281
- 38- Prevalence of obesity among under 5 years old Iranian children – 17th International Congress of Nutrition- 2001 – Vienna, Austria.
- 39- Dietary pattern and Risk Factors of non- Communicable diseases in Iran (Abstract)- the 2nd congress on prevention of non-communicable diseases (Tehran)- 2004- page:111
- 40- Iron deficiency anemia among Iranian children 6 years old, 2nd national epidemiology congress, published in the special issue of the scientific magazine of Zahedan university of Medical science,2004
- 41- Zinc deficiency among pregnant women in Iran, 2nd national epidemiology congress, published in the special issue of the scientific magazine of Zahedan university of Medical science,2004
- 42- Nutrition intervention for reducing PEM among children under 3 years in Islamic Republic of Iran, published in the special issue of the 9th international clinical nutrition congress, Westminster university, London, 2002

- 43- Mid Term Evaluation: The flour fortification program in Iran, The Official African Journal of Clinical Nutrition (S A J C N), Sep.2005,volume 18,suppl
- 44- Managing nutritional programs in developing countries. Eastern Mediterranean Health Journal, Vol.10,No. 6:737-746 ,2004.
- 45- Multidisciplinary intervention for reducing malnutrition among children in the Islamic Republic of Iran. Eastern Mediterranean Health Journal, vol.10, No.6:844-852, 2004.
- 46- Prevalence of overweight and obesity in middle-aged women , published in the special issue of the 9th Iranian Nutrition Congress , Tabriz,2006
- 47- Iron status in middle-aged Iranian women, published in the special issue of the 9th Iranian Nutrition Congress , Tabriz,2006
- 48- Interpretation of the trend of malnutrition among Iranian children under 6 , published in the special issue of the 9th Iranian Nutrition Congress , Tabriz,2006
- 49- Micronutrient status among Iranian children 15-23 months, published in the special issue of the 9th Iranian Nutrition Congress , Tabriz,2006
- 50- Micronutrient status among Iranian pregnant women, published in the special issue of the 9th Iranian Nutrition Congress , Tabriz,2006
- 51- Prevalence of LBW in Iran, published in the special issue of the 9th Iranian Nutrition Congress , Tabriz,2006
- 52- Study of vegetable oil consumption in 15 pilot universities of Iran , 2 published in the special issue of the 9th Iranian Nutrition Congress , Tabriz,2006
- 53- Prevalence of malnutrition among under -6 years old children over 10 years , published in the special issue of the 9th Iranian Nutrition Congress , Tabriz,2006
- 54- Nutritional status assessment of 6-year-old children in Iran , published in the special issue of the 9th Iranian Nutrition Congress , Tabriz,2006
- 55- Prevalence of Lead poisoning and its contributory factors among 6-year-old Iranian children , published in the special issue of the 9th Iranian Nutrition Congress , Tabriz,2006
- 56- Correlation between low weight and mother's age at the time of pregnancy in Iran , published in the special issue of the 9th Iranian Nutrition Congress , Tabriz,2006
- 57- Pregnancy nutritional care using weight gain monitoring , published in the special issue of the 9th Iranian Nutrition Congress , Tabriz,2006
- 58- Zinc status in Iranian pregnant women , published in the special issue of the 9th Iranian Nutrition Congress , Tabriz,2006
- 59- Standards of medical nutrition therapy in hospitals, published in the special issue of the 9th Iranian Nutrition Congress , Tabriz,2006
- 60- Assessment of diet therapy units in Isfahan hospitals, published in the special issue of the 9th Iranian Nutrition Congress , Tabriz,2006
- 61- Prevalence of LBW in relation to Socio-economic status of Iranian households , 2006
- 62- Vitamin A status in Iranian 15-23 month –old children , 2001 , published in the special issue of the 9th Iranian Nutrition Congress , Tabriz,2006

- 63- Prevalence of Zinc deficiency among Iranian pregnant women, published in the special issue of the 9th Iranian Nutrition Congress , Tabriz,2006
- 64- Prevalence of iron deficiency anemia among adolescents boys and girls in Iran , published in the special issue of the scientific magazine of International Micronutrient Forum , Turkey , 2007
- 65- Zinc and iron deficiency among Iranian children under 6 years , published in the special issue of the scientific magazine of International Micronutrient Forum , Turkey , 2007
- 66- Mid Term Evaluation of flour fortification with iron and folic acid in Iran, published in the special issue of the scientific magazine of International Micronutrient Forum , Turkey , 2007

Folders and Fact Sheets

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| 1- Prevention of IDD, first step: screening, folder | 1993 |
| 2- Prevention of IDD, second step: education, folder | 1995 |
| 3- Vitamin A deficiency, fact sheet | 2000 |
| 4- Complementary feeding, fact sheet | 2000 |
| 5- Causes of malnutrition in children, fact sheet | 2000 |
| 6- How to listen to the mother, fact sheet | 2000 |
| 7- Child's Growth Promotion, fact sheet | 2000 |
| 8- Feeding in illness, fact sheet | 2000 |
| 9- Breastfeeding, fact sheet | 2000 |
| 10- Child's growth and development, fact sheet | 2000 |
| 11- The new Growth-Monitoring Card, designed for boys and girls separately | 2001 |
| 12- Iron Deficiency Anemia, pamphlet | 2001 |
| 13- Complementary feeding for the 6 – 12 month-old infant, pamphlet | 2001 |
| 14- Growth Monitoring in children under 6, pamphlet | 2001 |
| 15- Prevention of Vitamin A deficiency, pamphlet. | 2002 |
| 16- Prevention of osteoporosis, pamphlet. | 2002 |
| 17- I suffer diabetes mellitus, what should I eat? | 2004 |
| 18- Oils and Fats (Specifications, storing, consumption). | 2004 |

Educational and Scientific films

- 2- Cooperation in the production of “Research in the Extract” directed by Mr. Hamid Iraniha. (This film was appreciated in scientific groups locally and internationally. It also won hosobonca's first prize as the best scientific film in the ABU Festival, New Zealand).
- 3- Researcher of the IDD film directed by Mr. Hormoz Emami and financially supported by Hejrat airing co. the film was sent to the WHO office after translation 1991
- 4- Cooperation in the production of “Population” directed by Mr. Hormoz Emami.
- 5- Researcher and scenarist of “The Vicious Cycle of Nutrition” directed by Mr. Hormoz Emami financed by Hejrat airing co., receiving letter of appreciation

- and gold coin as a prize in the congress on “Poverty and how to overcome it”
1996
- 6- Preparing the NAB package (a 20 minutes film on iodized salt) for the training of the middle level of health personnel (health experts and trainers of Common Health Workers) 1996
 - 7- A 40 second film on Growth Monitoring, financed by UNICEF
 - 8- Cooperation in the production of “life’s salt” (a film of 15 minutes) in both English and Persian, for being presented in the New York meeting. The film was appraised in the Dubai meeting
 - 9- Preparing 2 films (one minute duration each) to inform parents on child’s growth
 - 10- Supervision on the production of 6 films on nutrition for health personnel about:
 - Nutrition in children
 - Nutrition in pregnant and lactating women
 - Growth-Monitoring Card
 - Safe food
 - Nutrition in adolescents
 - Nutrition in the elderly 1997
 - 11- Cooperation in the preparation of “Outstanding Physicians of Iran” for Jaame-Jam television canal.
 - 12- Preparing the scenario for the production of 3 animation films on “Child’s Growth”
 - 13- Production of 3 TV spots on child nutrition and growth monitoring 2001
 - 14- Preparation of a 30-minutes film on “How to feed a difficult baby” 2000-2001
 - 15- Preparation of 12 video clips about child nutrition and growth monitoring 2001